144 Both the
142 East Baltic and the Nordic elements are distinguished by an exceptionally fair coloring. In the east and in the north there occurs, however, a dark element in the population, no doubt due to Lappish influence, that accounts for the occurrence of darker hair and a slightly shorter height in these areas than in the west. The share of the Lappish race, however, is not determinative to any marked degree.

141 The Finns belong among the tall peoples in Europe, the average height for men being a little above 170 centimeters, and for the women about 10 centimeters less. There are, however, great local deviations in height as well as in the cephalic index.

The average height has been steadily rising during the last few decades, no doubt due to

1:Indiana U S-4, 5(no date)1955 EOI Finland EOI

As both the East Baltic and the Nordic racial elements are distinguished by fair coloring, in this respect there are no marked differences in the several sections of the country.

Eye color	Blue or grey	Brown
Finnish-speaking men	89.5 per cent	10.5 per cent
" " women	83.5 per cent	16.5 per cent
Swedish-speaking men	91.0 per cent	9.0 per cent
" " women	85.0 per cent	15.0 per cent
Hair color	**Fair**	**Dark**
Finnish-speaking men	76 per cent	24 per cent

[continued from page 70]

Finnish-speaking women	82 per cent	18 per cent
Swedish-speaking men	71 per cent	29 per cent
" " women	84 per cent	16 per cent

General color type	Blond	Mixed	Brunette
Finnish-speaking	49.75 per cent	43.37 per cent	5.98 per cent
Swedish-speaking	49.27 per cent	44.6 per cent	5.97 per cent

True dark coloring is rarely found, and the skin is usually very fair, even in the case of persons with otherwise brunette coloring.

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142 The general characteristics of the East Baltic race may be summarized as follows: the body is strong, sturdy, square-set, broad-shouldered, strong-limbed, of medium height. The head is normally large and brachycephalic, though not actually high, and is often rather bony. The face, too, is large, long, and broad across the forehead, the cheek bones and the lower jaw, which is strongly developed. The nose is small and fairly broad. The skin color is fair, the iris light, blue-grey or grey-blue in color, and the head hair is blond, mostly flaxen, and usually straight. The body is very nimble, especially the limbs in relation to the trunk. This type has been called a race of strong, tough laborers, forest-roamers and rowers, quick, indefatigable skiers and

142 sportsmen.

The Nordic race differs from the East Baltic chiefly in the greater height and harrower head. As mentioned above, in Finland these two races have been greatly intermingled, and although the Swedish-speaking population examined as a group shows more pronounced Nordic characteristics, in the case of an individual it is impossible to tell from his physical appearance which of the languages he speaks as his mother tongue.

SOURCES

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